



Medical Weight Loss

Weight is not simply a matter of discipline— it is biology, hormones, metabolism, and genetics. At Quantum Health, we take your weight concerns as seriously as any other medical condition. We offer access to Mounjaro (tirzepatide) and Wegovy (semaglutide) with full doctor oversight, regular monitoring, and genuine support at every step.

Pay As You Go Pricing

Medication	Mechanism	Starting Price	Notes
Initial Medical Consultation	Full health history, BMI, blood pressure, personalised treatment plan	£100	Required for all patients
Mounjaro (Tirzepatide)	Dual hormone pathway — GIP & GLP-1 receptor agonist. Average 20%+ weight loss over 72 weeks	From £185/month	Dose-dependent pricing
Wegovy (Semaglutide)	GLP-1 receptor agonist. Clinically approved for chronic weight management in adults	From £165/month	Dose-dependent pricing

Programme Packages — Supported Clinical Care

Our patients on supported programmes lose significantly more weight, sustain it longer, and report a fundamentally different experience. Every programme includes weekly doctor check-ins, dose monitoring, and personalised guidance.

Programme	Duration	Total Price	Monthly Cost	Includes
4-Month Programme	4 months	£1,100	£275/month	Weekly doctor check-ins · Dose monitoring · Personalised guidance
6-Month Programme	6 months	£1,995	£333/month	Weekly doctor check-ins · Dose monitoring · Personalised guidance
12-Month Programme	12 months	£3,750	£313/month	Weekly doctor check-ins · Dose monitoring · Personalised guidance
Premium — Monthly	Ongoing	£450/month	£450/month	All standard programme benefits + regular blood testing throughout
Premium — 3 Months	3 months	£1,350	£450/month	All standard programme benefits + regular blood testing throughout

If you are serious about this working — and working safely — the Premium Programme is where we would direct you. The blood testing component is not an add-on. It is what allows us to truly optimise your programme around what is happening in your body, not just on the scales.

Frequently Asked Questions

Q · Am I suitable?

Suitability is assessed at your initial consultation. Generally recommended for adults with a BMI of 30+, or 27+ with a weight-related health condition.

Q · How quickly will I notice a difference?

Most patients notice appetite reduction within the first 1–2 weeks. Meaningful weight loss is typically visible from weeks 4–8.

Q · What's the difference between Pay As You Go and a Programme?

Pay As You Go gives you medication with limited contact. Programme packages give you a doctor checking in every week, adjusting your doses, and supporting you through the process.

Q · Are there side effects?

The most common side effects are nausea and mild digestive discomfort, usually in the early weeks. Our clinical team monitors you throughout and adjusts your dose accordingly.

Book Your Appointment Today

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